

```
Speaker 1 (<u>00:03</u>):
Am I even queer?
Speaker 2 (<u>00:04</u>):
I think I want to take testosterone.
(00:06):
I'm wearing men's underwear right now.
Speaker 1 (00:08):
Is that a boy? Is that a girl?
Speaker 2 (<u>00:09</u>):
Man, woman, cisgender, transgender. We're born into language.
Speaker 1 (<u>00:13</u>):
Butch femme, T girl.
Speaker 2 (<u>00:14</u>):
Decolonized.
Speaker 1 (<u>00:15</u>):
Queer, trans, BIPOC.
Speaker 2 (00:18):
Neurodivergent. Cisgender. Heteropatriarchal capitalist. Girl boss.
Speaker 1 (<u>00:20</u>):
Queer femme. Lipstick every day.
Speaker 2 (<u>00:22</u>):
Two for two. Fag boy relationship. Butch. Boyish. Sprightly.
Speaker 1 (<u>00:27</u>):
A softer, more femme.
(00:29):
You're so feminine. You're so feminine.
Speaker 2 (<u>00:31</u>):
Attraction to a hot T boy.
(00:33):
```



I used sexuality to try to understand my gender.

Speaker 1 (00:36):

What does it look like for nonbinary people to "transition"?

Speaker 2 (<u>00:40</u>):

I was a boy. If I was looking down at the memory, I was a boy.

Speaker 1 (00:44):

It's really difficult to look at gender identity head-on.

Speaker 3 (00:50):

[inaudible 00:00:50]. I think I'm [inaudible 00:00:53].

Ally (01:01):

I actually cannot believe I had a moment where I was scrolling through our Spotify for this show and just seeing how many episodes there were. I don't know if it's an ADHD thing but I was just like, "Wow. We completed that. We did"-

Babette (01:18):

I know. It's like an actual thing I think is the moment ... That's when I feel surprised and I'm like, "Oh, this is a thing that people listen to." That is crazy. That's really wild.

Ally (<u>01:28</u>):

There are just so many. I was just like, "Oh my God. We really covered a lot of ground. Yeah. I had a little, 'Oh, I'm proud" moment.

Babette (01:35):

Aww. Wow. It's like, "Wow. Who did this? Who put this together?" I'm like, "Oh, we did that."

Ally (<u>01:43</u>):

Yeah. I think the original plan or the jump off for this project was I picked up this anthology of original plumbing zine, magazine-

Babette (02:03):

Oh, I was like, "Where is this going? What are you talking about?" Wait, tell me about the zine. I don't know about this.

Ally (<u>02:06</u>):

It's amazing. It's a magazine. It's a quarterly magazine for trans guys in the early aughts. They made a big bok of all of them compiled together that I had picked up. It was just crazy to see so much transmasc stuff all together, and the way that a magazine does, so many different aspects of the transmasc



existence, and so I think definitely my idea for this podcast was transmasc, I want to talk about other trans people.

(02:42):

I think it morphed. I don't know. I wanted to ask people about how they hold their rejection of toxic masculinity with their desire to be masculine or the positive feelings they feel when other people are perceiving them as masculine.

(02:58):

Yeah. I just feel like it really ballooned into way more than just masculinity.

Babette (<u>03:03</u>):

I think we realize these definitions are so slippery. We did start off interviewing mostly transmasc folks, and transmasc folks were talking about femininity and then we were like, "Okay, it's something happening here when folks are still engaging with these ideas of feminine and masculine," but also creating new ideas about themselves, outside of those binaries, and I think we were just talking to transmasc folks, like, "It's so important for folks to have spaces with people like them."

(03:31):

I feel like when I think of queer scenes in the '90s, it feels very gays versus lesbians, like rigid in those ways, and I think what we learned is if we're going to create a gender focus space of today, it's like, okay, everyone is fucking with these things in different ways. It wouldn't really show the true range of our experiences even just to only talk to transmasc folks.

Ally (<u>03:54</u>):

I think, honestly, even when we talked to Roberta, she was talking about femininity. Yeah. We really came into-

Babette (<u>04:01</u>):

She was like, "I'm not transmasc."

Ally (04:01):

She's like, "I am here"-

Babette (<u>04:06</u>):

Yeah. It's like, "Well, there goes the whole podcast. Great." It was so good. You know? It's a good thing.

Ally (04:11):

Totally. I think that was something that we just kept finding and also, personally, the more masc I got, the more on testosterone, the effects took place, the more feminine I started leaning, because it is this fun, a la carte balancing act, and so it's been fun to interview people about their specific choices and what they find to be best for them.

Babette (<u>04:38</u>):

The idea of Spiral came up, because we were talking about how these things are so not linear.



Ally (04:43):

Yeah.

Babette (<u>04:43</u>):

Especially we both identify as nonbinary. Again, depending on the week, I'm taking testosterone or not taking testosterone, which I think ... I don't know. Before this podcast, I think that felt like a problem. It's just like, "Oh my God. Babette, you're not making up your mind."

(04:58):

It's like, oh, no, that is it for me. That's just the vibe.

Ally (05:02):

Totally.

Babette (05:02):

I am just going to feel affirmed by taking testosterone one week, maybe not the next-

Ally (<u>05:06</u>):

Totally.

Babette (<u>05:08</u>):

I think this show helped me realize that that is it rather than me going through some kind of neverending crisis. It's like, "Oh no. The spiral is it. That's the process."

Ally (05:19):

That's the thesis I think. I found something that I wanted to read to you. There is this writer Garth Greenwell, who was writing about the concept of queer time, and it reminded me so much of this podcast.

(05:32):

He's writing about this painter named John Brooks, but then he goes in and he's like, "For queer people, the historical unavailability of the conventional mile markers of maturation, marriage, parenthood, grandparent-hood, has often led to more improvisational and experimental shapes for a life.

(05:49):

The unique isolation of queer childhood, given that the vast majority of queer children are born to non-queer families, and that until recently, those families were almost always certain to be hostile to queerness, means that queer people often seek out companions in the non-contemporary, in literature, art, and history.

(06:09):

An unbearable present can send queer people on a journey through time, seeking resources in the past to imagine a more livable future. This double movement looking backward and ahead at once seems, to me, to be a hallmark of queer time."

(06:26):



Isn't that so cool?

Babette (06:27):

Yeah. It's so true.

Ally (<u>06:28</u>):

Yeah. I was just like, "Oh, yeah. Nonlinear, as a way of escaping these really rigid binaries and stuff like that seems to be the queer MO in a ton of different ways." Yeah. It would make sense that for gender, we're spiraling.

Babette (<u>06:47</u>):

Yeah. Totally. It's funny that you mention that, because I actually am reading for school right now, I'm reading for my exams. I do know how to read. Basically, I'm reading this really canonical Black feminist text where in the academy, there are certain big takeaways that people make from texts where it's like, "This is the intervention that this text made, essentially."

(07:10):

I was rehearsing for my exam with a professor. What I was drawing to is this idea of Black women and Black feminists stopping off of the timeline of modernity and the project, the modern day project of empire, hegemony, all these things, and the stepping off that ...

(07:29):

It's so hard to explain but the stepping off of that timeline, the world, moving forward, progress, modernity, all these things, I'm like you see these Black feminists who are in their work, essentially, saying, "Because of my race and my gender, I actually have to step off from this notion of time and stepping outside of it, that's where the imagining happens" and stuff like that.

Ally (07:51):

Wait, what kind of stuff were they doing? What was their step off? What did that look like?

Babette (07:54):

Okay. Basically, I was reading this text by Hortense Spillers. It's called Mama's Baby, Papa's Maybe, and there are some really big takeaways from that text in the field of Black feminism, but this time, I was really struck ...

(08:06):

She talks about those who were enslaved through the middle passage are suspended in an ungendering, on the middle passage there is no up, there's no down, there's no sense of gender. Men and women were treated the same. Black women weren't afforded gender or these types of ideas about femininity and stuff like that.

(08:30):

She had a really interesting section that I just ... It's one of those texts that people read for all of their lives and every time you'll find a new thing in it and it's a 20 page article but, basically, she explains how to Portuguese and Spanish colonizers of the Americas and those who were involved in the transatlantic



slave trade, Black folks and those who are racial or ethnic were frozen in time. They're antithetical to modernity and whiteness and moving forward and they're this frozen primitive thing or whatever.

(09:09):

Some of the texts that I've been reading, like Queer Times, Black Features by Kara Keeling, [inaudible 00:09:14], Black Utopias by Jayna Brown. It's basically like taking this idea and being like, "Okay, we don't align. Black people," and I think you'd say the same with queer people and trans people, we are backwards in terms of time, in terms of modernity and all these things. We're frozen. We are this weird thing that doesn't align with how people think of progress. Right?

(09:38):

I think it's people who are embracing that and are like, "Okay, I am going to exist outside of these notions," basically, "I'm going to assert myself in other timelines" or, "I'm literally going to think about utopia or I'm going to think about ..." In this case, it's like how folks in media mess with time and these notions of everything else.

Ally (<u>09:58</u>):

Totally.

Babette (09:58):

Maybe that's a way to explain it, and I think especially with people who are racialized, who are gender non-normative I guess, and all of these things, there is a certain backwardness, how do you feel that and experience that I think is interesting.

Ally (<u>09:58</u>):

Wow. Yeah. That's super interesting.

Babette (10:14):

Anyways, this is good practice for me. I'm like, "This is what I have to do for two hours in March." I have to just stay out of explaining what I'm thinking. It's so easy when you've just read the books but now that it's been a few days, it's hard to talk about these things. It's very weird. I'm like, "I guess this is good practice."

Ally (10:34):

That's season two is just you lecturing. Just a lecture series. Is there anything, Babette, that you were looking to get out of the first season? Like goals.

Babette (10:47):

I think, again, I just wanted to understand my gender in terms of something that can be pinned down, of, "Maybe I'll finally, through seeing examples of other people, have a better sense of myself."

(11:00):

I think it did do that, but in an opposite way where it's like, "This just can't be pinned down. Great."

Ally (11:07):



Totally.

Babette (11:08):

This is very expansive, ongoing, constantly evolving. I just want to also selfishly meet other Black, queer, and trans folks and we did do that, and that felt really exciting.

Ally (<u>11:20</u>):

Totally.

Babette (<u>11:21</u>):

I always talk about radio as my way of making friends sometimes where it's like, "I just want to interview someone I admire," and see what comes out of it. I think that's been really amazing too, the community that we've built around this thing-

Ally (11:34):

Totally.

Babette (11:34):

Feels really sweet.

Ally (<u>11:35</u>):

Yeah. Totally.

Babette (<u>11:37</u>):

How about you? What do you think? What were your goals?

Ally (<u>11:39</u>):

I think I was excited to talk to people about more specific parts of their life, their morning routines or their rituals, their style inspirations or what random little kids think of them on the street. These super specifics that make up the trans experience, gender-expansive experience.

Babette (12:03):

That's so true. You did always ask a lot of questions about, "What did you do? What did that look like?" I'm like, "That's so good." That kind of specificity is so good.

Ally (<u>12:10</u>):

Yeah. Totally. I think it'd be really great to hear some of our favorite moments throughout the first season.

Babette (<u>12:18</u>):



Yes. I totally agree. I feel like this is a good time to look back on what we've done. I feel like we've had really a couple of drop the mic moments where it's like, "Holy fucking shit. That person's set just completely blew my fucking mind."

Ally (12:31):

Totally.

maya (<u>12:36</u>):

[inaudible 00:12:36]. I think that for a while, I definitely did identify as a nonbinary femme but I think the binary between masc and femme and often how it's forced and attached to people without their permission, without checking in on them first, in some ways, I feel like really replicates the two gender binary, and so I don't identify as femme. I think that I have experienced Black girlhood on the line, Black girlhood in like I am a Black feminist praxis.

(13:01):

I think that I am dedicated to the liberation of Black people who are oppressed because of their genders, but I think myself, I feel like if I were to think about my gender in my head, it just feels like the cosmos. Just fully unknowable, even to myself. Deep, deep expansiveness.

(13:19):

I guess how I would or wish I could really speak to my gender outside of the western colonial constraints and binaries would probably be just, "I'm gender expansive." I can't really see myself as fully within the constraints of femme, masc, woman, man.

(13:39):

I don't really want to, because I think in so many ways, gender is inherently tied, as it's constructed today in 2023, it's tied a lot to western European colonialism, white supremacy, upholding and leaving standards of womanhood or manhood but I don't want to, and I don't feel beholden to.

(13:58):

I also think if you deviate from those by being nonbinary or trans or genderqueer or even gender non-conforming, you see so much backlash and I think that that is clear, because gender and gender roles ...

(14:12):

Not necessarily gender roles but gender, as it is forced upon people, is very much so tied to dominance and oppression. Boohoo, because, otherwise, I don't think there'd be so much anger and backlash against trans youth, against trans women in particular, trans Black women in particular.

Devon (<u>14:36</u>):

After I found out I was autistic, I learned, shockingly, that there are a lot of different ways that autism can present and that a lot of us who don't meet that stereotype, we wind up having to mask our disability, compensate for it in different ways, pretend to be someone that we're not. Eerily similar to the trans experience, because it's the same thing, in a lot of ways.

(14:59):



There's this script for the person you're supposed to be that society passes down to you, and it doesn't fit, and so you just clench your way through trying to be that person until there's a breakdown and you realize you can't do that anymore.

(<u>15:10</u>):

That's what unmasking autism is all about, myself and the other people who found out later in life usually that we were disabled and started to question everything about what society said we were supposed to be up to that point.

Ally (<u>15:24</u>):

Yeah. You wrote about autistic people feeling like they were thrust into situations where autistic people, they all seemingly know what to do in them, and just feeling like fish out of water, and that really reminded me of the trans experience.

(15:40):

Do you feel like there is a high correlation with queer and trans people and neurodivergence?

Devon (15:47):

What I usually say, especially when a cis person asks the question, is that autistic people aren't necessarily more likely to be trans. They're just more likely to be out. There's a lot of reasons to think that that's the case.

(15:58):

We know from research that autistic people, if you throw them into a moral dilemma, they're way more willing to stick by their guns and make a sacrifice to stand by their morals. Autistic people, we just tend to be more likely to be consistent in our actions, in our beliefs than non-autistic people.

(16:15):

That doesn't mean we're better than anyone else. We can still have horrible beliefs. Right? We're more consistent. We're human beings and some of us suck, but I think that that points to the fact that we're more likely to be out, more likely to be honest. Autistic people are also more likely to be bisexual or gay, we're more likely to be whistleblowers at companies that behave unethically.

(16:38):

We often tend to really need a social rule to make sense for us to be willing to follow it. If something strikes us as totally unfair, we will just not follow it, even if there's massive consequences.

(16:51):

I think that leads to a lot more of us questioning this artificial state of affairs that is cisgender-dom. Cisgender is the artificially created category. Anybody can choose to step beyond that, and it makes sense that people who are already outsiders are more willing to say, "Okay. No. These rules make no sense and I'm going to step beyond them."

Babette (<u>17:19</u>):

Could you tell me about a recent gender euphoric moment you've had? If you've had one.

Jaylind (<u>17:25</u>):



Oh, absolutely. Absolutely. I was working out at my gym. One of the guys that works out there, that's big as hell. He just comes up to me and he's like, "Dude, you're killing it." I was just like, " [inaudible 00:17:43]. Thank you so much. You're so huge, really fit [inaudible 00:17:51]."

[NEW_PARAGRAPH]I went home and I was just flexing in the mirror, and I was like, "Damn, I'm really doing this thing."

Babette (<u>17:58</u>):

Hell yeah.

Jaylind (<u>17:58</u>):

That happened a couple weeks ago. It was really awesome. I was super happy. Another moment I had too was I got this really pretty skirt from the thrift store. It's a long skirt. It's got florals all over it. I was just wearing it in my yard, tending to my chickens, and twirling around. I was like, "This feels good." I was like, "This is great."

Babette (18:33):

You have chickens?

Jaylind (18:34):

I do. I have three.

Babette (18:36):

Oh my God. That's lovely.

(18:39):

Going back to your relationship to fitness, I think working out for cis people is overwhelming and then with trans folks, you just have all of these other added layers of things, barriers I think to access and information. How did you start collecting this information on fitness? How did you do that?

Jaylind (18:58):

I had a trainer, and it was before I started transitioning and we were just doing trades. I tattooed her, and she would trade me. It was awesome. It was really fun. She showed me a lot.

(19:14):

It was really whenever ... I think it was 2020. I started taking nutrition to become a certified nutrition coach, because I have the exercise part down but I really wanted to know about food and how that helped with exercise.

(19:32):

Once I learned about food, that's really when things started changing and I was learning how food is fueling my body. I just stepped into a whole new world, and I was following other trans fitness people, and a lot of Black trans fitness people as well that were talking about fitness in this decolonized way, which is what I was interested in, because I didn't want to look at it from the way things were, because that never worked out for me and it doesn't really work out for other people either.

(20:08):



Once I started learning stuff, I was like, "Oh, I can help other people." I was like, "This is great." I wish it was free. I wish it was stuff that we could just be able to learn freely.

(20:22):

It sucks that you can't.

Babette (20:24):

I know.

Jaylind (20:26):

That's why I try to put as much stuff as I can out there without over-extending myself but that's how I did it. I just got my little certificate and started following all of these really cool trainers that were focusing on different ways to do fitness without it being such a hassle and without it being fatphobic and without depriving people of the foods that they like to eat, because that's what I used to think it was about, because that's all I saw is like, "Man, it sucks."

Babette (20:59):

Right.

Jaylind (21:00):

Whenever you learn it through yourself, and you see how other people are doing things as well, it just inspired me to want to do more for the community.

Ally (21:18):

There's something about the way you specifically navigate your gender. I feel like having things masc or femme put on you can be really aggravating but I feel like you have a very calm and collected ... Those are annoying words to use for this but it does feel effortless and, ultimately, very positive-

Liv (21:40):

Thank you. Thank you.

Ally (21:40):

Where do you store your rage?

Liv (21:46):

[inaudible 00:21:46] I think, because the calm, that's noticeable I think, or the pace that I have around it is a kind of zen that I feel noticing other people bringing that baggage to me.

(21:57):

If somebody is really struggling to deal with me, I'm just like, "Oh, isn't that interesting," because that doesn't say anything about me at all. There's a whole thesis in here somewhere but people looking at me and trying to figure out, "Are you masculine or are you feminine? What does it mean about me if you're X? How can you call yourself X if Y is true about you?"

(22:19):



It's like I'm just hanging out, dude. I'm not doing anything. I'm not doing anything at all. My presence is disruptive to you and that is not my problem. That's where the peace is for me.

```
Babette (22:36):
```

When you think of the people freaking out, is it literally just randos who are bored, or have you had to have also these conversations with family? What is that?

```
Liv (<u>22:49</u>):
```

I think what I'm describing, this thing of, "This isn't hard for me. This is hard for you," that creeps up, from micro to macro, across the board where it's like hostility and it's fear and it's anxiety and it's just all-encompassing where it's like somebody telling me that I am mentally ill and being very furious with me about that, who doesn't know me at all. They're having a freakout that's about them.

```
(23:13):
```

Then when somebody well-intentioned in my life who loves me dearly slips up and misgenders me and then can't deal with the fact that they've done that, and really struggle with it too a little bit, that's also about them. That's not about me either.

Babette (23:27):

Right.

Liv (23:28):

Obviously, those things are not the same but I do think there's something in common about them, which is like you're dealing with something where my experience is bringing something up within you for you that is actually not about me at all.

Ally (23:43):

Yeah. Totally.

Babette (23:44):

It puts the work on other people also I think.

Liv (23:49):

Exactly. Exactly. Yeah. To varying degrees. If people are struggling with me or with my bio identity as a concept, if it's like, "I'm going to fuck up," or, "I might have some questions," or, "I don't really get it," whatever, whatever it is, what I've started doing is instead of saying, "It's okay," I've started saying, "You're okay." [inaudible 00:24:07]. You're okay. You got it. It's all right.

Ally (24:11):

That's shady as fuck.

Liv (24:15):

Yeah. It's okay, honey.



Ally (<u>24:18</u>):

No. I love that. No, seriously.

Liv (24:21):

Really that's what it's about is being soothed.

Ally (24:24):

100%.

Liv (24:25):

I don't want to give people the impression that I agree with them, that it's difficult or that it's a burden or that it is something to be dealt with, because that's not true. That's not how I think.

(24:35):

What I do think is that you're going to be okay. You'll get it, you'll figure it out, you'll be all right, because that's what it's about. Right? You do.

Ally (<u>24:42</u>):

Totally.

Jes (<u>24:43</u>):

I'm interested in the idea that masculine equals hard, and so then the inherent opposite of that is soft, because I feel like I've been on this journey, especially with testosterone, where I am actually learning to accept that I am not masculine.

Ally (<u>25:10</u>):

Tell me so much more.

Jes (<u>25:16</u>):

I had to transition my body and change not even so much the way other people perceive me but the way that I perceive myself to accept that I am very feminine, I am very effeminate, I always have been but I didn't feel like I could be that way before. I felt like I had to be doing this subversive different thing, which, for me, meant being masculine I guess or trying to be masculine, from a place where people were reading me as a woman.

(25:47):

Now that I'm at a base level with myself, I'm like, "Oh, I was never like that. Ever." This is actually more comfortable for me. I've become much more feminine since being on testosterone. It's been almost four years at this point.

Ally (26:02):

Wow. That's so cool. It's almost like you transitioned into being a feminine guy.

Jes (<u>26:10</u>):



Yeah.

Ally (26:10):

Or masculine woman. No. Let's find something else. It's so strange how we find the exact balancing act that we're going for.

Jes (<u>26:24</u>):

Totally. Totally. I think a big fear of mine before I started was that I would become a regular guy, not that there's anything wrong with being a regular guy. It is perfectly great and beautiful to be a regular guy, but I had a fear of that for me.

Babette (26:41):

But you're not like other-

Jes (26:42):

I'm not like other guys. I'm not like a girl.

Babette (26:51):

Exactly.

[NEW_PARAGRAPH] What do you feel like your style philosophy is? What is it that you're trying to convey?

JT (26:55):

I was thinking about this the other day actually, as I recently guest lectured a class a couple of days ago, and I was thinking a lot about, "What am I going to wear in front of these students?" The class, particularly, was talking about my sound design philosophy and doing some live demonstrations and things like that.

(27:20):

I was thinking a lot about my influences, and my influences definitely come from where I'm from, which is from the Midwest, a small town, a very blue collar family, that wore uniforms and military family and all that.

(27:40):

I was thinking a lot about uniform and I was thinking a lot about labor and being a technician, and a thing that I really love in all of my wardrobe pieces are items of work wear, so very large coveralls, jumpsuits, heavyweight pants.

(28:02):

That was definitely the thing that I decided to move forward with with that class was a base of a bright goldenrod jumpsuit, but over the jumpsuit, which I think was the next piece of my personal style philosophy is that I like to approach things with intense precision.

(28:26):



I paired it with a white oversized Oxford button down shirt over it. I was like crispy white, and it still gave this intentionality of I am a specialist in this field and I know what I'm talking about-

Babette (<u>28:44</u>):

I love that.

JT (28:47):

Also, this sense that I just always think of the most influential people in my life, and they always wore white collared shirts but wore them open, and they would always have a clicky shoe.

(29:04):

I paired all that with a clicky boot, like a black clicky boot with a tassel on the back, which definitely goes into the sense of creating a statement, creating a sound, as I am in a space and then on top I paired it up with a headband that I've been really into lately, it's definitely my headband gender phase right now.

(29:27):

It's a marker of time, of just, "Yeah. This is my phase right now and I am okay with [inaudible 00:29:32]." This phase reminds me a lot of my aunt and my mother, who always wore scarves and headbands either from working or things like that, so it's like that piece.

(29:44):

Then to top it off, these very large rings, because I love feeling the weight in my hands, particularly, when I talk. I switch the rings on the finger, depending upon what I am doing in the situation.

(29:59):

If I am having to face the wall a lot, if I am feeling a little self-conscious or just have a sense I'm going to get some sort of gender harassment, I put my big chunky rings on my middle finger, and then if I am in a space that I feel calm and controlled, I put those chunky rings on my pointer finger.

Babette (30:18):

Wow. Is that just the way it feels? Like how it brings comfort to you.

JT (30:24):

Yeah.

Babette (30:24):

That is so cool.

JT (<u>30:27</u>):

I would say all those things are, in a demonstration, as like my personal style philosophy, I want to give crunchy but responsible artist that really knows what she's talking about but, at the same time, loves to rest but knows if something needs to get done, it's going to get done.

Ally (<u>30:54</u>):

Thank you so much to all of these amazing guests.



```
Babette (31:02):
```

So fucking good. Truly a best of Gender Spiral.

```
Ally (<u>31:06</u>):
```

Yeah. We wanted to make a little starter pack for people who didn't get to listen to the hours and hours of our season one. If you want to send an episode to your friend, I feel like this is a great mini dose of what we cover.

(31:20):

There's so many more guests that were in this season, so make sure to check them out.

Babette (31:24):

You know those memes that are like so-and-so starter pack where they'll have different objects, what's the Gender Spiral starter pack? No. What is it?

Ally (<u>31:33</u>):

A text from me saying, "Running five late."

Babette (31:36):

Yes. Wait, what else? What book would be in it?

Ally (31:44):

You laughed at me for having multiple copies of Pedagogy of the Oppressed.

Babette (31:48):

Yeah. Yup. Yeah. No. Exactly. Multiple copies.

Ally (31:53):

A stack of that.

Babette (31:54):

Yes.

Ally (31:55):

Obviously, Baxter and-

Babette (<u>31:57</u>):

Just Baxter. Exactly. Wait, can someone design that meme? Gender Spiral starter pack. That's so good. (32:03):

Yeah. I feel like there were some reoccurring themes or ideas that came up throughout the season, these ideas of, first, deconstructing the gender binary, which is like, duh, trans people naturally do that,



embody that, but I think also a fucking with and outside of the gender binary, in the sense of I am going to fuck around and be really feminine, even if I identify as "transmasc"-

```
Ally (32:32):
Totally.
Babette (32:32):
Taking T is actually going to be a way for me to feel more feminine. Right?
Ally (<u>32:32</u>):
Yeah.
Babette (<u>32:38</u>):
Yeah. I feel like that was a big one that really kept coming up.
Ally (<u>32:41</u>):
Yeah. Totally. We had so much about decolonizing gender or it just being a colonial construct. I love that
clip from Liv, that's just talking about putting the onus of someone's gender crisis that they're having at
you, like a cis person putting that back on them, and just-
Babette (33:02):
Totally.
Ally (<u>33:03</u>):
"This isn't mine to hold for you. Good luck. You'll get through it."
Babette (33:07):
Totally. That's something I feel like I'm still learning where I'm just like, "I don't want to be a burden. It
doesn't matter. It's not a big deal." It's like, "Oh no. That responsibility should be on the other person,"
so it was such a good lesson, such a good way to think about it.
Ally (33:20):
All right. Season two, who is going to be on it? Babette, wrong answers only.
Babette (33:25):
Caitlyn Jenner. Caitlyn Jenner. Who else?
Ally (33:30):
Part one, Caitlyn Jenner, part two-
Babette (33:32):
RuPaul, Yeah, Azalea Banks,
```

GS_Ep-19_Reflections_11.24 (Completed 01/10/24) Transcript by Rev.com



```
Ally (<u>33:41</u>):
Wait but actually.
Babette (33:41):
She would kind of tear. She would tear. She'd be really good but we can't talk about that. Anyways-
Ally (<u>33:50</u>):
[inaudible 00:33:50].
Babette (33:50):
Exactly. Exactly.
Ally (<u>33:54</u>):
[inaudible 00:33:54].
Babette (<u>33:58</u>):
No, but seriously. I don't like the idea of, "We accomplished so much on this season," but I feel like we
really covered so much ground in terms of the different things and the different ideas that we explored.
I think more than I thought we were going to even.
(34:17):
It's just so exciting. There's still so much left to explore and spiral about, and I'm so excited for next
season, which it's thrilling.
Ally (<u>34:27</u>):
Yeah. I'm interested to see what we'll cover there, because I never could have guessed the places we
could have gone in this first season. I think I was really starting off with, like I said, transmasc experience
and then it was so much more full than that, so I'm just so excited to continue our spiral, our gorgeous
upward spiral towards heaven.
Babette (34:50):
Question mark? Or something. I don't know.
Ally (34:51):
Or, at least, a bird.
Babette (<u>34:55</u>):
What are they saying? At least a bird?
Ally (35:01):
What's up high? At least, we'll hit a bird.
Babette (35:08):
```

GS_Ep-19_Reflections_11.24 (Completed 01/10/24) Transcript by Rev.com



```
Are you fucking high? What is going on here?
Ally (<u>35:10</u>):
I was up so late standing in the rain at a protest, I feel [inaudible 00:35:21].
Babette (<u>35:21</u>):
Hit a bird?
Ally (35:26):
No, but that's a really famous saying, aim for the heavens, you'll, at least, hit a bird.
Babette (<u>35:32</u>):
Is that actually a famous saying?
Ally (<u>35:33</u>):
No.
Babette (35:33):
Okay.
Ally (<u>35:35</u>):
It's aim for the moon, at least, you'll land in the stars.
Babette (<u>35:41</u>):
It's like we're both too tired to be recording this show right now. I'm so tired.
Ally (35:41):
I spilled my coffee.
Babette (35:49):
Anyways, follow us on Patreon. No. You don't follow on Patreon.
Ally (<u>35:50</u>):
You're so good at this.
Babette (35:50):
You give money.
Ally (<u>35:55</u>):
Oh, yeah.
Babette (<u>35:55</u>):
GS_Ep-19_Reflections_11.24 (Completed 01/10/24)
```

Transcript by Rev.com



Follow us on Patreon. What do you say-

Ally (<u>36:04</u>):

Follow us on Patreon, and support us on Instagram.

Babette (<u>36:07</u>):

Exactly. You know what? I give up.

(36:16):

Gender Spiral is an original podcast from Audiation. This episode was mixed by Matt Nobel. The music is composed by Chanel Critchlow. With art by Joey Hahn and graphics by Honey Hodges.

(36:27):

The show is executive produced by Ireland Meachem, myself, Babette Thomas, and my co-host Ally Beardsley and Sandy Smallens with additional story editing by me.

Ally (<u>36:38</u>):

If you like the show, please head over to Patreon.com/GenderSpiralPodcast to support us.

Babette (36:44):

You can also check us out at GenderSpiralPod.com where you'll find a link to leave us a voicemail to ask us questions, tell us who you want to hear from, and what you want to hear about on the show.

Ally (<u>36:55</u>):

Follow us on Instagram, it's at GenderSpiral. Subscribe wherever you get your podcasts to stay tuned.