

Ally ([00:00](#)):

Okay Babette, I think we're going to open today's show with a poem.

Babette ([00:06](#)):

Oh my God. Okay. Okay. Tell me more.

Ally ([00:10](#)):

Not my poem. Okay. As you know, I don't write poetry. I got the inspiration for today's guest while scrolling on Instagram, and I stumbled across something that they wrote.

Brontez ([00:24](#)):

The masculine industrial complex had once again found a way to stick its dick in me. My humiliating war, an ill-fated pact with the sacred masculine still raging in my 40s. I hear the needle whisper of Pinocchio. You'll never be a real man.

Babette ([00:41](#)):

Whoa. Okay. That's so interesting. What I'm gathering is this is someone who's 40 and still grappling with these ideas, these lifelong struggles of gender and masculinity. Very powerful.

Ally ([00:58](#)):

It's really interesting because we talk a lot about hormones in this way as a teenage phenomenon, but hormones coming in is a big change, but hormones leaving is also a huge change, which happens naturally with age. It's just really interesting to hear a cis person talk about taking testosterone. I think we got into this with Persephone, but her and I were talking about all the gender-affirming care that cis people take advantage of.

Babette ([01:31](#)):

Yeah. I feel like you don't hear that much about cis men taking testosterone, even though it's pretty common. All of the hysteria about hormones in the media are all about trans people and trans kids taking them, but plenty of men also seek out gender-affirming here.

Ally ([01:50](#)):

Definitely. Definitely. I do remember when I first was looking up videos of people taking testosterone on YouTube. I got almost all cis men, and I was so confused. I just was like, "All of these guys are trans?" Just the most ripped, normal ass, middle-aged men lifting kettlebells.

Babette ([02:12](#)):

It's like, "Whoa. They're so good at being men."

Ally ([02:13](#)):

I'm like, "You guys are stealth." Yeah. I love this because last week we talked to my good friend Roberta Kalindrez, about her feelings around having "Failed at femininity."

Roberta ([02:28](#)):

I think the thing that for me is most historically tied to gender or the idea of gender is just feeling very different than other girls my whole life. Because I was such a beyond tomboy, because I was so obviously gay as a kid. I just felt so different. Of course, I was dressing a certain way and all the girls were doing... I wasn't shaving my legs when all the other girls were, and I just felt so weird already that I didn't try to fix it in any way that would make me fit in because I didn't want to draw attention to the fact that I needed to fix anything.

Ally ([03:06](#)):

And this week we're talking to none other than Brontez Purnell, who knows all about what it feels like to not meet certain standards of traditional masculinity.

Speaker 5 ([03:20](#)):

Am I even queer?

Speaker 6 ([03:21](#)):

I think I want to take testosterone.

Roberta ([03:23](#)):

I'm wearing men's underwear right now.

Speaker 5 ([03:25](#)):

Is that a boy? Is that a girl?

Speaker 6 ([03:25](#)):

Man, woman, cisgender, transgender, like we're born into language.

Speaker 5 ([03:30](#)):

Butch femme, t-girl.

Speaker 6 ([03:31](#)):

Decolonized.

Speaker 5 ([03:32](#)):

Queer trans, bipoc.

Speaker 6 ([03:32](#)):

Neurodivergence.

Speaker 7 ([03:33](#)):

Cisgender, hetero, patriarchal, capitalist girl boss.

Speaker 5 ([03:37](#)):

Queer femme, lipstick every day.

Speaker 8 ([03:39](#)):

T for T, fag boy relationship.

Speaker 9 ([03:41](#)):

Butch.

Speaker 6 ([03:42](#)):

Boyish and spritely.

Speaker 5 ([03:44](#)):

The softer, more fake.

Roberta ([03:46](#)):

Oh, but you're so feminine. You're so feminine.

Speaker 5 ([03:48](#)):

Attraction to a hot t-boy.

Speaker 6 ([03:50](#)):

I used sexuality to try to understand my gender.

Speaker 5 ([03:53](#)):

What does it look like for non-binary people to "transition?"

Speaker 7 ([03:57](#)):

I was a boy. If I was looking down at the memory, I was a boy.

Speaker 5 ([04:00](#)):

It's really difficult to look at gender identity head on.

Speaker 6 ([04:05](#)):

Wade.

Speaker 5 ([04:08](#)):

I think I'm trans.

Brontez ([04:12](#)):

My name is Brontez Pernell. I'm a writer, a dancer, and a filmmaker. This is the easiest way I know how to explain it.

Ally ([04:20](#)):

Nice. That's the multi hyphen.

Brontez ([04:22](#)):

That's the gig economy.

Ally ([04:26](#)):

Okay, so I really just want to start with your recent Instagram post about doing tea.

Brontez ([04:33](#)):

Oh, yeah. Basically, I waited 20 years to be an honorary trans man because of a medical condition I have. My body doesn't really make testosterone anymore, so I have to take it in the form, but then also it happens to lots of people just genetically or whatever. I also suspect I've never been a highly testosterone man anyway. I don't have an Adam's apple. My voice didn't drop till I was 26, and this is as deep as it got, and also, have you seen my ass? My God.

Ally ([05:08](#)):

So pretty much this podcast, we're in this annoying space where it's obviously us as queer people, we don't really see the binary. We're not like "There's mask and there's femme." And we're all wanting to be past that, but we also are asking, what does masculinity mean to you?

Brontez ([05:27](#)):

Oh, God. Besides a neurological con job. I don't know. Honestly, I don't know if it ever means much. A lot of people have a lot invested in these being very, very definite definitions. There's other people very, very invested in definitions, having no meaning. I just know where I've always fell on the spectrum and where it lands with me. I feel like I always was understood as a girl my whole life, and especially these last couple of years, I do not have sex without gay men. I just don't have sex without gay men. It just never happened. My trade is mostly down low black and Latino men. The culture in which I have sex, I am weirdly understood to be a woman. That is just how I feel like that is just the way they talk to me, the way it's explained to me, the way it goes down.

([06:26](#)):

I even make this joke where I was just like, "I should have just shut my fucking mouth and been down low trade." But even then, it's like who gets to be down low trade is about who can affect masculinity, and I'm a faggot and in realms in my white academic realm. Yes, I am a cis male all god-damn day, and I totally get that and the privileges and whatever that comes with that, but in the culture in which I reside, I just don't think it's that. And I could say, this is what the problem I have with my own masculinity, my own identification. Public image really is what other people think of you, and we do play that game with society all the time. I can self-identify till the gods come home. When I'm getting followed down the street, I have a fat ass and a high voice, and they're like, "Hey, sister, where you get all the muscles?" To that nigger, I am a woman to be followed.

[\(07:30\)](#):

It's how I understand my gender identity is such a weird helix of not just gender. Gender, race, economics is what's all informing my gender identity. Say for instance, I'm working on this new show, a pitch for this new show about this black trans woman, and what I find is that mostly the trans women that are being killed are black women who fucked with "heterosexual trade." It's really fucking specific. I don't quite hear white trans lesbians who only with fucking other trans women, whatever, having the same experience and no one ever fucking really talks about that. This was something that I learned in a fucking zine when I was a young riot girl. It's like there is no gender analysis without a race and class analysis. There's no race analysis without a class and gender analysis. These are the things where I get highly suspect when we are not talking about these things, also.

[\(08:31\)](#):

It's another reason why I feel like I don't really have sex with white dudes on Grindr. They're generally looking for black mandingo top dude. Once you say you are a black bottom, especially in this realm, it totally solidifies who you'll be having sex with for the most part, and there's a lot of decisions already made for you. When I list my pronouns, I'll say whatever the fuck, because I really feel like all of them can be really true. Plus, I am an older and I come from an era where a girl was a gender-neutral faggot term.

[\(09:06\)](#):

So it's like the belief that I don't inhabit all these things at once. I don't know. Plus, when I got to San Francisco, I was a total guy type. I didn't hang out with the faggots. I did not filter into faggotry like that until I was maybe 23 or 24 and plus San Francisco sex worker dykes of the early odds or a very specific bunch, and even when people say they, them or non-binary, it's like a total erasure of the 90 terms people had at once to describe everything. I remember being 20 and this dyke was just like, "Yeah, Brontez you're more like a tomboy dyke." And they had to explain what all the fuck that meant. Seriously. Or it'd be like four different adjective, femme or this type of butch, but it was a very colorful...

Ally [\(09:59\)](#):

Lipstick, lesbian.

Brontez [\(09:59\)](#):

That gets [inaudible 00:10:00].

Ally [\(09:59\)](#):

Yeah, totally.

Brontez [\(09:59\)](#):

It was even crazier than that. I thought these were better ways to explain things, but we learned from an umbrella term to just make things easier, right?

Ally [\(10:18\)](#):

Yes, definitely. Yeah.

Brontez [\(10:20\)](#):

Here we are.

Ally ([10:21](#)):

My co-host Babette is actually from Oakland, but they have a question that they wanted me to ask, which is, how has gentrification affected your love life?

Brontez ([10:33](#)):

So when I moved here about 20 years ago... Well, gentrification, my lack of knee cartilage, my lack of interest and my lack of testosterone has affected my love life. Let's be quite clear. There's no trade analysis or dick analysis without near collagen analysis or fucking testosterone analysis. I remember I used to work at Steelworks Bathhouse and before the fucking tech takeover man, it would be such a wide swath of dudes. I'm talking like every guy you'd imagine at Target on any given day at the bat, 300 dudes on lights out, you know what I'm saying? But as internet culture prevailed, I feel like people were more likely to take a chance. They didn't know when they were getting laid again, but I feel like less people are getting laid like that, and we all just treat each other like we're ordering pizza or Uber Eats when we're dating now. That culture of I should be able to get whatever I want on my phone whenever I want it.

([11:33](#)):

It prevails. When you go to the bathhouse, everyone's on their phones trying to lure trade to the bathhouse as opposed to just walking around the bath house. But in a culture where everyone thinks that they should just have what's ever on their phone, you can tell the tech mentality. These boys really think that they should not be having sex until their most precious porn ideal walks in. Whereas I was in that era where I learned from those older whores where I was just like, "You fucked as many people as you could. You came there to abandon all sense of criteria. You're there to engage in something very primal." And so people will be there to have this weird, completely misguided, unjustified porn experience when really you're supposed to be engaging in this really crazy animal human act and get the fuck on with their day. Really, it just holds the whole process up, and that's the part that I hate the most.

Ally ([12:33](#)):

Wow. Yeah. Huge. Okay. I'm really interested in your take on gender and your comfortability with your own gender. Were there times where you questioned it and you were like, "Wow, something really needs to change. I'm not my full self and I need this, this, and this to fix it."

Brontez ([12:54](#)):

I don't know if that was related about gender. The only thing I felt would fix my life was money. Masculinity is such a fucking joke. They tell people too... This is the thing I always say to weird straight dudes that are saying transphobic shit. I have to remind them that there's more to being a man than just having a dick. If it was just about having a dick, this is what I say all the time. If people really intuited me as a man, how come no one does what the fucking I say? You know what I'm saying? There's a whole peck in order to this game and dance, we play with it. There's just several situations where I feel like I really had to fought to be understood as a man. Maybe a backwards dysphoria who I was presenting as. I don't know. I've always, ever felt like a boy, basically, but whether I get interpreted as it as that, who fucking knows? I'm more or less cis presenting person who can be denied that quite easily. So...

Ally ([14:02](#)):

My brother's also gay. I feel like he's always with the girls chatting about how nasty and annoying men are to date. What do you do with your critiques of masculinity, but your attraction to it?

Brontez ([14:20](#)):

There's so many caveats of it. It really goes all over the place. All I can say is I'm generally impressed by the biodiversity of it. In my head, yes, I should be with some other super hilarious femme ass faggot who's totally fucking awesome, but I tend to repel men like that intensely. Not because of lack of trying, but they always see me as that sweaty dyke that's trying to get them to cross over in college. Other faggots treat me like this, right. When I want to get laid. It is generally like a boy that presents a straight in the world, and I don't understand why that is. Who generally comes to the rescue? Someone who is politically fucking... Someone so far out of my fucking realm. Do you know what I mean? But also, I don't know. I have frustrations with it, of course, but then also I've had some really great surprises. I've had some really great talks with people. I've had some very uninteresting talks with people who are supposed to be on my side. I don't always know where to classify my experience, but also just glad that I'm having one.

Ally ([15:26](#)):

Okay. Yeah. You talk a lot about an old school homosexual, and I really am curious about this. This was in Johnny Would You Love Me If My Dick Were Bigger. What do you think classifies a new age or a modern homosexual?

Brontez ([15:42](#)):

I don't really like to say that I feel like people are having an easier time with it because A, I don't. And even with all the trans legislation, I'll have these white faggots lecturing to me from their Instagram posts being like, "Oh, you're not fighting for trans people. Well, you're going to be next." But then part of me in my head is like, I'm a fucking black ass faggot from Alabama. When have I not felt like anyone could kill me any fucking time they felt like? Do you know what I mean? And it's real. I feel like there was probably a two-year period in my life post Obama where we all got way too comfortable, perhaps. You know what I'm saying? And then the universe really revealed itself. I don't think we're necessarily fighting any new battle, and I feel like it will constantly change form and shape. Wait, hold up. I forgot what the question was.

Ally ([16:35](#)):

I like that. The question was like, what's your take on the new homosexuals? But I...

Brontez ([16:40](#)):

Hold on.

Ally ([16:43](#)):

For those of you listening at home, Brontez is eating a tofu sandwich.

Brontez ([16:48](#)):

I didn't eat today, so I'm starving. Sorry. Well, there's this sense of they can take it or leave it. Or there's something that seems to be closer to the judge of wide expansive definitions or definitions that you can't quite zero in or intense umbrella terms. I don't know. I honestly feel like... God, this is going to be so offensive, but you know what? I'm an evil fucking faggot, and I'm going to say it. Basically, somewhere in the last 10 years with these college classes, we allowed a bunch of straight white women to start calling themselves queer. Now we got shit like Harry Styles and thank you. Bless you. That's great. That's wonderful. But I think it really led a bunch of corny up motherfuckers in the club, and now everyone gagging, but I'm just like, "Y'all did this shit." I was in San Francisco.

[\(17:41\)](#):

I was hanging out with the leftists. I knew that I was a witch. I knew that I was evil, and it was great. Y'all kept pulling us over to this fucking mainstream shit blew up, and you're like, "Wait, you mean they don't want us at their party?" I'm like, "No, that's why I tried to get you to come to mine in the first place. God-damn it, we could have had Utopia." Every time I am registered in some talk, it's like queer bipoc, Brontez... I'm like, "I am not a queer bipoc. I am a black ass faggot. It is so specific what that branding is." Something about queer bipoc. Every time I sat there, it was always just like me sitting with these people who are so not black faggots and also would talk over me, didn't give a fuck what I said... I was just like, "Let me give you some specific terms so you know what the fuck you're dealing with." I'm not saying that people should do anything. I'm an anti-authoritarian. I would never tell people, "Stop identifying as this..." I can only explain why I don't.

Ally [\(18:44\)](#):

Yeah, totally. Totally. I think coming from your DIY hunk, all of this do what you need to do for yourself. What would you say to someone who feels like they can't afford their ideal gender expression?

Brontez [\(19:01\)](#):

You fucking can't. None of us really fucking can. You know what I'm saying? Gender is actually so very fucking limiting. I'm writing this poetry book called Diary of Dead Bachelors. That's in honor of my dead fathers and stuff, but really examining masculinity on how the logical end of toxic masculinity is that men die alone because no one wants to fucking deal with them. In their ideal gender because they have a dick, they're the king of the castle. No one should argue with them this, that the other. No one's dealing with that. They go and die alone.

[\(19:38\)](#):

The mother, the women I've fucking grown up with, I feel like their ideal expression is something much greater than they have access to in the world. They very much get denied that all the time. I don't want to totalize it in this way and be like, "We're all suffering." Because that's not it, but it's like my ideal gender expression changes day to day. It's not set in stone. Also, have you seen my body? No matter whether I'm in a dress or jeans, it's giving fucking voluptuous. Okay. Here's the thing this is the fucked up part. I'm like that 1% that actually sits within my ideal gender expression every day, and it's still hard, so.... I don't have words.

Babette [\(20:21\)](#):

I like you.

Brontez [\(20:32\)](#):

I like you too. I like you too. It's still hard. I would send somebody like that a lot of love because I don't know what our ideal expression too is. I don't know, I feel like it comes from a lot of places. Make sure that your ideal gender expression is coming from a voice inside and not fucking the 900 daggers being thrown at us all the time. You know what I'm saying? There are so many rules and there's so many ways to feel bad. I personally am someone who likes feeling bad, but for those who don't, I don't know. It's a lot of checking in. I think it's a lot of checking in.

Ally ([21:13](#)):

Yeah. That's really beautiful. I like that. I think questioning where it's coming from is huge.

Brontez ([21:19](#)):

Some people are way more thwarted from their expression than others too. So no, I feel like that's so delicate. Almost unanswerable.

Ally ([21:29](#)):

Wow. Yeah. I really want to ask you about dance. Is that someplace where you feel particularly masculine or feminine if we have to use these binary terms, or is it a place where you escape from the question of gender altogether, or how does it feel for you?

Brontez ([21:49](#)):

No. I mean, I always feel like I'm in a masculine body, but my dance world has always felt feminine. When I went and studied when I was 19, when I took my first classes at Laney College, it is the one place where you'll be in the majority as a cis male. You'll be in ballet class. It'll be you and three other gay guys. When I danced in African dance theater, ritual dance theater that is very gendered, that is very about spirits, all this shit, and there was just separate roles for men in separate roles as female men. I remember this one girl being like, "Well, what happened to all the men in dance?" We were watching some older jazz performance video. I think it was Dance Theater, Harlem. She was like, "What happened to all the men in dance?" The teacher was like, "AIDS."

Ally ([22:32](#)):

Yeah.

Brontez ([22:35](#)):

It was a video from the 80s, and they were like, "AIDS." I never even thought about that epidemic, really. I remember growing up in the 80s and everyone being in leg warmers and tights. You look back and there it is, this feminine, masculine energy that goes on in that world. Have you ever seen fucking... What's his name? God, not Tony Danza. You know the one that did Staying Alive?

Ally ([22:57](#)):

Yeah, yeah, yeah.

Brontez ([22:58](#)):

Not Staying Alive. The disco movie. What the fuck is his name?

Ally ([23:02](#)):

John Travolta?

Brontez ([23:02](#)):

John Travolta.

Ally ([23:03](#)):

On the God Mic. Yeah.

Brontez ([23:11](#)):

You see fucking John Travolta in those films, and he's like wearing daisy duds who pumping. It's like crazy and nothing that goes down for years after because of AIDS. People were scared to let that male masculinity energy flow, and sometimes being in African dance class too, and there'd be like obviously a butch dyke or some masculine presenting person. But because of that theater, them being asked to wear a skirt during the dance and it being so crazy, but then also shout out to them, it was Oakland, and so it would be like these white trans masculine people, two or three dancers that I remember, but them being like, "Damn, I'm here around all these fucking African elders. Let me just throw this shit on." And that was crazy. But then also too, that's a good question. I also feel like for years when I was dancing in Gravy Train, I was dancing to escape my body.

Ally ([24:15](#)):

Oh. Tell me more about that.

Brontez ([24:19](#)):

I wasn't trying to be a gender. I wasn't trying to be a race. I was trying to be a fucking point of energy in the universe, which I guess I am either way, but you know what I mean? The ketamine bump version of that story. You ever do a bump of ketamine and feel like Neo from the Matrix and you're just like, "I am everything and nothing. I can float through this fucking wall right now." Oh my God, a bumping Ketamine is my gender expression, God-damn it. Oh my God.

Ally ([24:55](#)):

Are you excited for your upcoming shows? Are you going to be dancing with Gravy Train?

Brontez ([25:00](#)):

Hell no. I'm not excited. I'm fucking old and fat. Me and fucking Carol's been in a wheelchair for a couple of years and had leg surgery, so a lot of those moves we're doing chair moves. That old people aerobic style. It feels so liberating. I was like, "Why didn't we do this shit before?" I wasted so much knee cartilage trying to get boys to like me. I'm like, "I'm going to kick my leg the highest. He's going to love me." And he didn't.

Ally ([25:29](#)):

I'm hearing a theme here. I'm hearing testosterone replacement therapy, but also maybe knee cartilage replacement therapy. Being in the mood.

Brontez ([25:37](#)):

Man, this shit is falling apart. I burned the candle at both ends. I regret nothing.

Ally ([25:48](#)):

Okay. I feel like my last question is just about your experience of getting T. Taking T, how it's been treating you, thoughts.

Brontez ([25:59](#)):

I thought that I was going to rip a phone book in half. Seriously, I thought it was going to be some crazy shit. I don't understand why, but a day after I take it, I get really emotional. I'll be crying all day.

([26:18](#)):

How do I classify it? Remember when you were first hitting puberty and you just have that butterfly feeling in your stomach and this wave of emotion and you can't understand why, but I'm so old now. My body can't keep up with the mania, so I just cry about it I think. The dosage I take is not so that I turn into Arnold Schwarzenegger. I'm actually catching up for lost time. I had low T for about probably something like 12 or 13 years. I was like, "Fuck it." I don't know. I liked not having a lot of testosterone because I wasn't horny and violent all the time. Shit got chilled. My skin was all clear. I felt pretty, but then they say, if you're a man and if it's too low or too high, it throws all of your other hormones out of whack and it makes you susceptible with other things, and so I was like, "Well, if the doctor said wear the dress, I guess I'll wear god-damn the dress."

Ally ([27:13](#)):

Have you felt some of that stuff coming back? Libido, aggression, or has it been pretty chill?

Brontez ([27:19](#)):

I feel the energy for it, but I use my body in such an intense way for such a long time. My body can't keep up with the feelings. It's different. When you're 48, you did it a lot, because it's like, "Yeah, I can be horny." But then it becomes vague because then I'm just like, am I really going to rinse my ass out at two o'clock in the morning for this fucking drug dealer? And then by the time you get to the dick, it's like there's a dick in me and I'm just having an existential crisis as opposed to arching my back and licking my lips.

([27:55](#)):

I'm like, "Damn, it just really comes down to this." And then even too, I'll be like, I'm having a whole existential crisis, which is sex in general. I'll be trying to watch Twitter porn like, "Oh, it's just easier to watch porn." But the second you finish watching the porn, you're just like, "I participated in capitalism." And there's really just a nation of people just making fuck videos all day. There can't be anything that interesting about sex, actually, or I hold it as sacred as I hold eating or shitting. But putting much value of myself as a person into it, like I did when I was younger, is too fucking jaded for that no matter how much testosterone is coursing through my veins. So what I'm feeling is very complex, and I'll leave it at that.

Ally ([28:47](#)):

Oh my God. Oh my God. Brontez, thank you so much for talking to us. You are so fucking funny.

Brontez ([28:53](#)):

Anytime. I love y'all.

Babette ([28:57](#)):

Wow. I feel like I relate to so many different parts of that interview. Some of the things that Brontez was talking about feel very Oakland specific, or maybe also just specific to gentrifying urban centers, if that makes sense. I also hate the term queer bipoc. I know it's meant to be unifying, but I feel like it just lacks any specificity. I feel like specificity in your language is so important, and I feel like that's what Brontez is calling for in these DIY scenes, these punk scenes in San Francisco and Oakland 20 years ago.

([29:34](#)):

It feels like there was this urgency of being on the cusp of something and constantly needing to define yourself, and because some of that ground has been set for us, I feel like we talked about in the show how sometimes we just fall back on these terms like Mask and Femme that have been around for 50 or 60 years or something. I mean way longer than that, even as the early 1900s or something. And I think what's so interesting about Brontez is that he is constantly brimming with urgency and energy, possibly from taking Ketamine, which I do think I could maybe use some of. I think I want queerness and transness to feel like this thing where we're inventing ourselves every day on our own terms and not just falling back on these things that have been handed to us, and I feel like Brontez just really fully embodies that.

Ally ([30:22](#)):

Totally. I think he's extremely mercurial, just you don't know where he's going to go next, and I think that's just a really fun part of interacting with him and from interviewing him, it was just like, "Oh my gosh, this is lucid." I'm obsessed with what we're able to talk about and how quickly we can get to the heart of certain topics. It was such a fun interview.

Babette ([30:48](#)):

Totally, and it's like, I guess I'm connecting it to, I'm interested in that as even though Brontez is a cis, I'm interested in that as a model for transness, because I think, at least for me, I'm like, "No, these things, I have to be on a path and I have to take certain steps," and people are told, "If you want to take hormones, you have to do this first. You have to do that first." I feel like Brontez's advice to trans folks was just figure that shit out every day, which in some cases does not work, but I think it is inspiring and interesting to think about.

Ally ([31:21](#)):

Totally.

Babette ([31:28](#)):

Gender Spiral is an original podcast from Ideation. This episode was mixed by Matt Noble, and Music is composed by Chanel Critchlow with Art by Joey Hahn and Graphics by Honey Hodges. This show is executive produced by Ireland Mitchum, myself, Babette Thomas, my co-host Ally Beardsley and Sandy Smolins with additional story editing from me.

Ally ([31:50](#)):

Thanks to our guest, Brontez Pernell. You can find a link to his Instagram in the show notes. If you like the show, please head over to patreon.com/genderspiralpodcast to support us for \$2 a month or subscribe to a higher tier for bonus content, special monthly postcards, and even free tote bags.

Babette ([32:09](#)):

You can also check us out at genderspiralpod.com where you'll find a link to leave us a voicemail, to ask us questions, tell us who you want to hear from and what you want hear about on the show, and follow us on Instagram. It's [@genderspiral](#). Subscribe wherever you get your podcast to stay tuned, we're releasing a brand new episode every single week this summer.

Ally ([32:30](#)):

Tune in next week to Gender Spiral.

Babette ([32:32](#)):

Where you never have to spiral alone.

Speaker 10 ([32:33](#)):

Audiation.